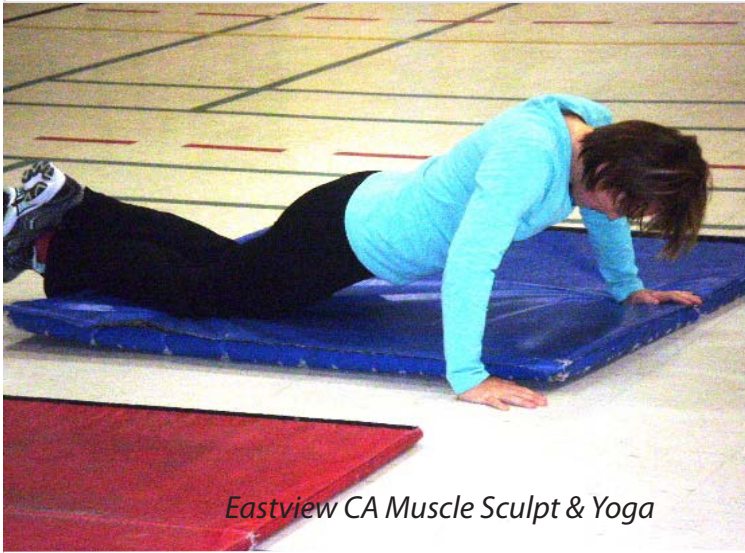


Community News

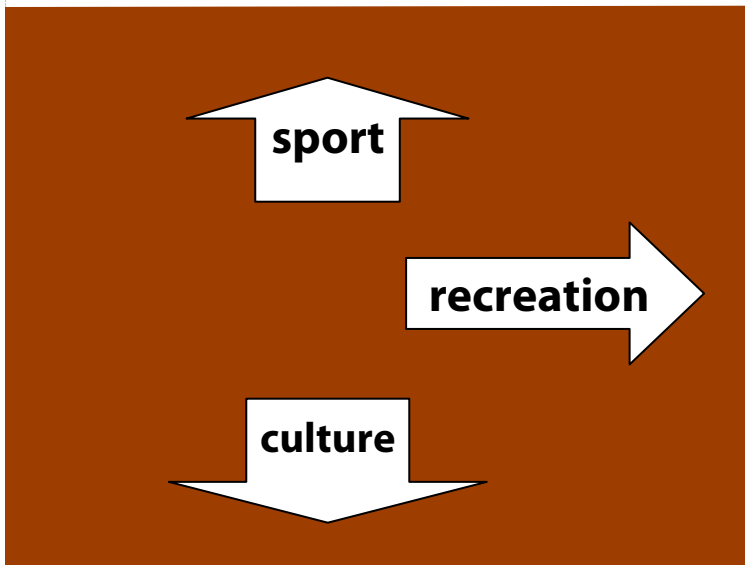


**City of
Saskatoon**
Community Development Branch
SPRING/SUMMER 2010



Eastview CA Muscle Sculpt & Yoga

community association (CA) programs



Fairhaven CA Kids' Cooking



*Montgomery Place CA
Watercolour Painting*

**Volunteers are offering
it all & doing it well!**

See inside for more details.

thanks to Indoor Program Coordinators!



Eastview CA 's Muscle Sculpt & Yoga

It can be a big & rewarding job being an indoor program coordinator. These volunteers are generous with their time - they schedule programs, recruit instructors, fill out forms and troubleshoot. They keep people active, connect neighbours and offer an affordable introduction to new sports and recreation. And, their creativity and energy is vast: this past fall and winter season volunteers offered **1,409 different programs!**

There are many benefits to volunteering as an indoor coordinator- you meet new people, gain new skills and you can even offer programs that you and your family might enjoy. If you have a passion for a certain sport or program or you know someone who does, there may be a indoor program position for you. Contact your local CA or call 975-3378.



Fairhaven CA's Tae Kwon Do is enjoyed by dozens of people of all ages.

Silverwood Heights CA has invested in tennis and the community loves it. See page 4 for details.



wonderful watercolour painting class



Fourteen years ago, an avid amateur artist Jean Williams, (right on photo below), started a dynamic watercolour painting class with the support of the Montgomery Place CA (MPCA). The class has been running every fall and winter season since! And, it is such a catalyst for community cohesion that many of the participants have become friends and paint occasionally in a home in the summer.

The class is primarily self directed - people help each other and create their own works of art. The MPCA does, however, offer an honorarium each session to pay a 'visiting artist'. The participants have also organized several artist-led weekend painting workshops to increase their skills. The MPCA has supported 14 years of creativity & friendship!



Riversdale CA's free art class for kids

A creative & joyful new art class for children has started on 20th St. in Riversdale. Led by Jan Norris, an accomplished painter & Riversdale resident, the children practice drawing, painting and sculpture for two hours weekly. Fully funded by the Riversdale CA, (who pay for all materials and an honorarium to Jan), this class is offered free!



which programs work for CAs?

Across Saskatoon, CAs offered these programs the most this past year:

- Soccer
- Floor Hockey
- Basketball
- Flag Football
- Hip Hop Dance

Saskatchewan children & youth participated the most in the following activities (from greatest to least):

soccer
swimming
hockey
basketball
baseball
volleyball
gymnastics
karate
skiing (downhill)
track & field.

source: www.activehealthykids.ca/ecms.ashx/Resources/SaskReportCardSupplement.pdf

Wildwood CA rink, 2010

tennis anyone?

Tennis is a game that can be played by everyone everywhere according to Tennis Canada. Using larger rackets, special balls and creating smaller courts in a gym makes it easier for children from age 5 and up to learn how to play. Silverwood Heights CA enjoyed the support of Tennis Canada when they set up their popular tennis program.



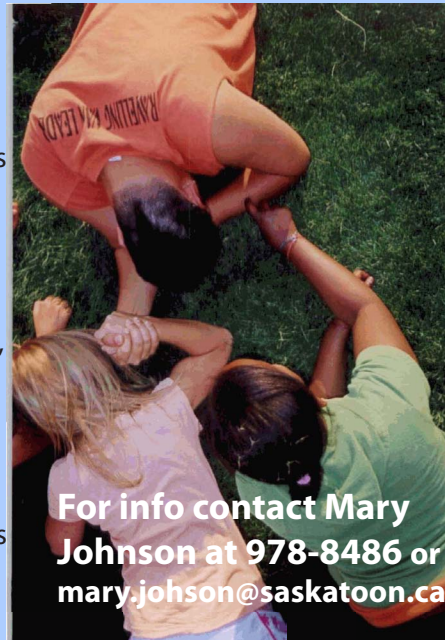
To find out more about Tennis Canada contact:
Rufus Nel
Senior Director
Prairie Tennis Alliance
Tennis Canada
306.241.5565
<http://twitter.com/prairietennis>
rnel@tenniscanada.com

MeTaWeTan (let's play) programs

The MeTaWeTan Recreation Programs are a fun way to get involved in sport, recreation and cultural programming in the Aboriginal community. MTWT encourages people of all ages to get active -whether its playing floor hockey or dancing with the summer Cultural Travelling Van that visit the playgrounds and youth centres.

During the fall, winter and spring months MTWT programs include: youth centres at Westmount School, Princess Alexandra School, King George School and St. Mary School, basketball at Oskayak High School on Broadway Ave., aqua fitness at the YMCA, and volleyball and pow wow song and dance at the Saskatoon Indian & Metis Friendship Centre. We also offer skating at Cosmo Civic Centre and swimming at our leisure centre pools.

This July and August watch for the MTWT Cultural Travelling Van. It offers adventures in putting up a tipi, learning Aboriginal games that use bones, leather and sticks, making crafts, hoop dancing or wrestling on the grass.



For info contact Mary Johnson at 978-8486 or mary.johnson@saskatoon.ca



The Newcomer Information Centre (NIC) is a walk in centre that serves the increasing numbers of newcomers who choose Saskatoon as their new home.

NIC staff provide up-to-date information and referrals to community programs and services that support newcomers in their settlement. They have information on English language programs and assessment, employment services, housing, health services, community leisure activities and more. The NIC's computer resource centre offers free internet and a chance to update a resume.

NIC is a partnership between the Saskatchewan Intercultural Association, the Global Gathering Place, International Women of Saskatoon and the Saskatoon Open Door Society, and is funded by Citizenship & Immigration Canada and the Immigration Services Division of Advanced Education, Employment and Labour. Other partners & supporters include the Saskatoon Health Region and the City of Saskatoon.

The NIC is located at 106-129 3rd Avenue N.. It's open Monday to Friday, 9 am-5 pm, tel:343-8303.



www.nicstoon.org

your teens will love this!



SUMMER SLAM
JUNE 12TH
1:00-4:00 pm at Victoria Park

Kick off the summer in style! Learn the indies and ollies of skateboarding from the pros and see them kick'n to action! Don't miss the food and prizes. Bring your own skateboard.

FREE!

Sponsored by:
WIRED 96.3

For more information, visit www.saskatoon.ca (look under 'L' for Leisure) or call 975.3378.

City of Saskatoon



ARTS LEADERSHIP CAMP

Expand your leadership and creative skills! Open the door to future opportunities working in the field of recreation, arts and culture.

JULY 26 - AUGUST 12
8:30 AM - 5:00 PM
MONDAY - FRIDAY

Learn from Saskatoon artists and receive leadership and certification training in:

- First Aid
- CPR
- High Five

Ages 14-16 yrs
Limited space, register early!

Albert Community Centre
610 Clarence Ave. S

COST: \$200

City of Saskatoon

For more information, visit www.saskatoon.ca (look under 'L' for Leisure) or call 975.3378.

want to borrow our Nordic Walking poles?

Nordic Walking (or Urban Poling) is growing in popularity and the Community Development branch has two full sets of poles (for 20 people) that your CA can borrow for free.

Using walking poles engages the legs and upper body in a total body workout. This exercise burns calories, strengthens core muscles, increases stability and balance and reduces stress on knee and hip joints. People of all ages and fitness levels can benefit from this fun and inexpensive group/individual exercise program.

Call the Community Development branch at 975-3378 to book your set of poles.



"Participants have really enjoyed the class and have been inspired to buy their own poles.

And, the class was such a success that our CA bought a set of poles. We saw it as a way to give back to the school [who stores them for us]. The teachers are able to use them for wellness breaks too!"

Morag Emblemton Kimpton
Brevoort Park CA Indoor Coordinator

the person behind the City job

Yves Belanger, the Site Administrator for Cosmo Civic Centre, was recently a long track speed skating starter at the Vancouver Olympics - and it all started when he first volunteered at his young daughter's speed skating event in the late 1980's. (Speed skating, like so many amateur sports, relies on volunteers to run competitions.)

A steady commitment to volunteering has helped make Yves one of the sport's most accomplished officials. He's served at 5 World Championships, 11 World Cups, 3 Canadians Olympic Trails, 2 Canada Games and many Canada Cups and Canadian Championships. As an elite official Yves has traveled across Canada and to Russia, Holland, Norway, Germany and the United States. While his expenses are paid at these competitions he receives no wage. All these experiences have enriched his life.

Look where **volunteering** can take you!



NEW in the community development branch



Kristen Christensen's career with the City started in 2000 as a summer playground leader; little did she know that one day she would help supervise the very positions that gave her the passion for working with the City of Saskatoon! When she is not working for the City, Kristen enjoys teaching fitness classes, kayaking, racing vintage snow mobiles, playing music and spending quality time with her friends and family. Kristen looks forward to working with the communities in Saskatoon to bring the benefits of recreation to life!



Please join us in welcoming **Lori Brown** - our new Community Recreation Programmer. Lori graduated from Kelsey SIAST with a Recreation and Leisure Diploma and has been working for the City of Saskatoon in the Community Services Department for over 20 years.

She's thrilled to have the opportunity to take on new challenges. Lori brings with her years of experience and a passion for working with the community. When away from work - Lori enjoys spending as much time as possible outdoors with her family and 3 dogs!



Becky is back! **Becky Sasakamoose Kuffner**, our Cultural Diversity and Race Relations Coordinator is back from a mat leave. (Here's a glimpse of her adorable daughter.)

Your Community Development Branch



Lynne Lacroix
Branch Manager
975-3390



Carrie Hutchison
975-3381



Arin Jorgenson
975-2952



Amanda Kondra
Community Development Clerk Steno
975-3378

David Godwin
975-3379



Karen Farmer
975-3380



Mike Libke
Neighbourhood Services Section Manager
975-2289



Henry Dutka
975-2942

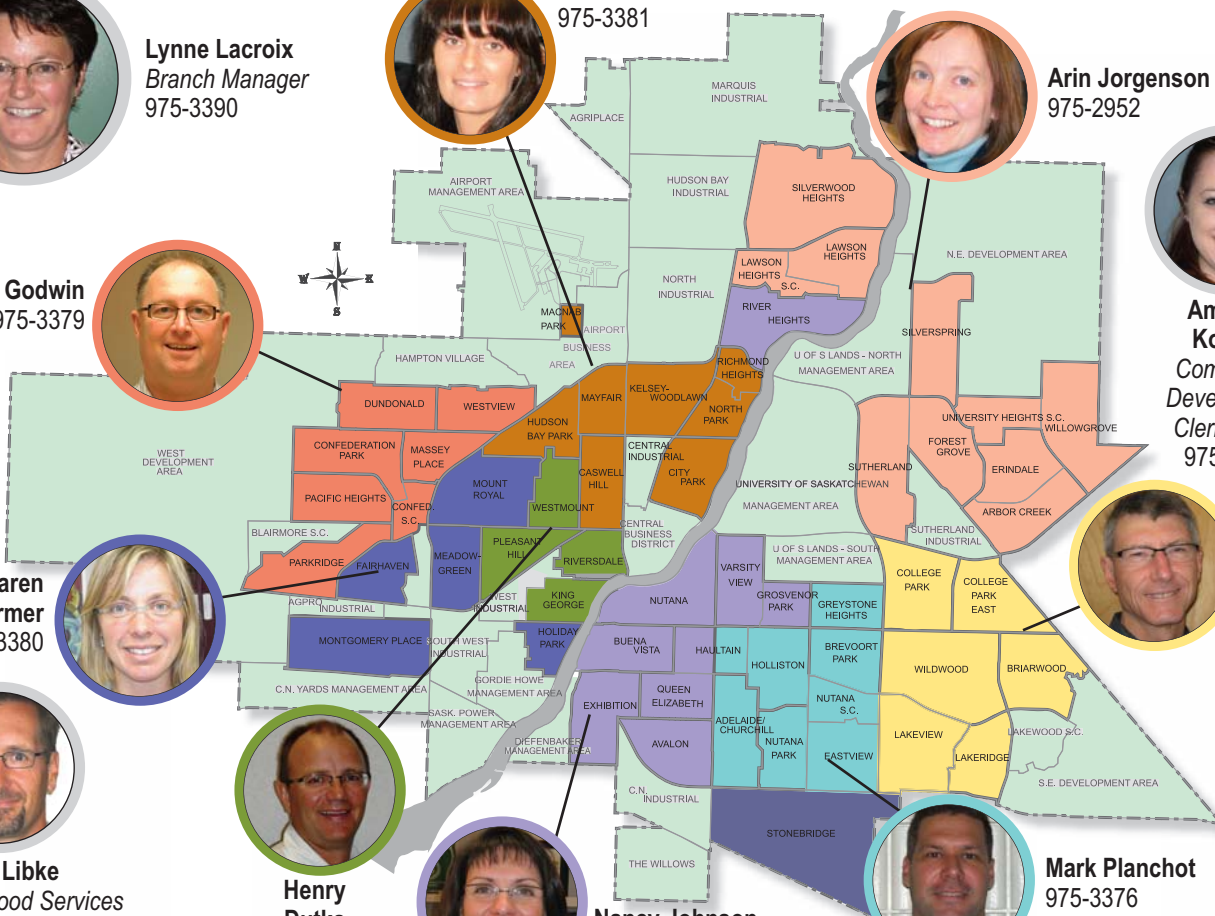


Nancy Johnson
975-8486



Mark Planchot
975-3376

Art Lord
975-3375



Community Initiative Section



Kevin Kitchen
Community Initiatives Section Manager
975-3181



Georgette Scherr
Part-Time Clerk II



Frances Westlund
Arts & Grants Consultant
975-3391



Shannon Hanson
Social Development Section Manager
975-3186



Mary Johnson
Recreation Programmer
651-5178



Lisa Thibodeau
Special Projects Consultant/
Community Engagement
975-3690



Smita Garg
Immigration Community Resource Coordinator
975-8459



Lori Brown
Recreation Programmer
975-1429



Joanne Wheler
Grants Admin Clerk Steno
975-3383



Marieke Knight
Neighbourhood Program Consultant
975-3356



Warren Isbister
Urban Aboriginal Leadership Coordinator
975-7813



Becky Saskamoose Kuffner
Cultural Diversity & Race Relations Coordinator
975-7826